

# MAJOR IN FAMILY AND HUMAN SERVICES - INTRODUCTION TO CHILD LIFE TRACK (OPTIONAL)

## Requirements

The Family and Human Services major with the Introduction to Child Life track requires 12-13 units of prerequisite courses and 55-56 units in the major and track.

Code	Title	Units
<b>Prerequisites for Upper-Level Major Courses</b>		
ENGL 102 or ENGL 190	WRITING FOR A LIBERAL EDUCATION HONORS WRITING SEMINAR	3
PSYC 101	INTRODUCTION TO PSYCHOLOGY	3
FMST 201	FAMILY RESOURCES	3
Basic Statistics Requirement		
Select one of the following:		3-4
MATH 231	BASIC STATISTICS	
MATH 237	ELEMENTARY BIOSTATISTICS	
ECON 205	STATISTICS FOR BUSINESS AND ECONOMICS I	
FMST 285	STATISTICS FOR FAMILY SCIENCE AND HUMAN SERVICE	
PSYC 212	BEHAVIORAL STATISTICS	
SOCI 212	SOCIAL STATISTICS	
<b>Total Units</b>		<b>12-13</b>
<b>Code</b>	<b>Title</b>	<b>Units</b>
<b>Foundational Family Science Courses</b>		
FMST 101 or FMST 102	INTRODUCTION TO FAMILY SCIENCE HONORS INTRODUCTION TO FAMILY SCIENCE	3
FMST 301	FAMILY RELATIONSHIPS	3
FMST 302	FAMILY THEORIES	3
FMST 305	PARENT-CHILD RELATIONSHIPS ACROSS THE LIFESPAN	3
FMST 325	ETHICS IN HUMAN SERVICES	3
FMST 485	RESEARCH METHODS IN FAMILY SCIENCE	3
<b>Human Development Course</b>		
PSYC 203	HUMAN DEVELOPMENT	3
<b>Introduction to Child Life Track Courses</b>		
FMST 140	MEDICAL TERMINOLOGY FOR HUMAN SERVICE WORKERS	1
FMST 240	INTRODUCTION TO CHILD LIFE	3
FMST 340	THE HOSPITALIZED CHILD AND FAMILY	3
FMST 360	DIVERSITY, CULTURE, AND TEAM DYNAMICS	3
GERO 367	DEATH, DYING AND BEREAVEMENT	3
PSYC 205	INTRODUCTION TO THE HELPING RELATIONSHIP	3
<b>Child and Adolescent Development Courses</b>		

PSYC 403	INFANT AND CHILD DEVELOPMENT	3
PSYC 404	ADOLESCENT PSYCHOLOGY	3
<b>Advanced Methods</b>		
FMST 490	FAMILY LIFE EDUCATION METHODOLOGY	3
<b>Experiential Component</b>		
FMST 297	PREPARING HUMAN SERVICE WORKERS: PRE-INTERNSHIP	3
FMST 397	INTERNSHIP IN FAMILY AND HUMAN SERVICES	3
<b>Elective</b>		
Select any upper (300-400) level Family Studies and Community Development (FMST) course not already used to fulfill a requirement.		3-4
<b>Total Units</b>		<b>55-56</b>

## Four-Year Plan of Study Introduction to Child Life Track Sample Four-Year Plan

The selected course sequence below is an example of the simplest path to degree completion. Based on course schedules, student needs, and student choice, individual plans may vary. Students should consult with their adviser to make the most appropriate elective choices and to ensure that they have completed the required number of units (120) to graduate.

<b>Freshman</b>			
<b>Term 1</b>	<b>Units</b>	<b>Term 2</b>	<b>Units</b>
FMST 101 or 102	3	FMST 201	3
PSYC 101 (Core 6)	3	FMST 325 (Core 14)	3
Core 1 (or Core 2)	3	Core 2 (or Core 1)	3
Core 3	3	Core 5	3
Core 4	3	Core 10	3
	<b>15</b>		<b>15</b>
<b>Sophomore</b>			
<b>Term 1</b>	<b>Units</b>	<b>Term 2</b>	<b>Units</b>
Basic Statistics Course <sup>1</sup>	3-4	FMST 240	3
FMST 140	1	FMST 360 (Core 13)	3
PSYC 203	3	PSYC 205	3
Core 7	4	Core 8	3-4
Core 11	3	Core 12	3
Elective	3		
	<b>17-18</b>		<b>15-16</b>
<b>Junior</b>			
<b>Term 1</b>	<b>Units</b>	<b>Term 2</b>	<b>Units</b>
FMST 302	3	FMST 297	3
FMST 305	3	FMST 301	3
FMST Diversity Course	3	FMST 303	3
FMST UL Elective	3-4	FMST 485 (Core 9)	3
Human Development Course	3	PSYC 403	3
	<b>15-16</b>		<b>15</b>
<b>Senior</b>			
<b>Term 1</b>	<b>Units</b>	<b>Term 2</b>	<b>Units</b>
FMST 397	3	FMST 490	3
FMST 340	3	PSYC 404	3

FMST UL Elective	3-4 Elective	3
GERO 367	3 Elective	3
Elective	3 Elective (optional) <sup>2</sup>	3
<b>15-16</b>		<b>15</b>

**Total Units 122-126**

<sup>1</sup> Must be taken prior to FMST 485.

<sup>2</sup> This elective is optional and only necessary if the student is not on target to earn 120 units by the end of their final term.

## Learning Outcomes

1. Students will demonstrate competency in written communication and oral communication.
2. Students will use knowledge acquired in family studies and human services courses in field experiences (community service and internship placements) and capstone courses.
3. Students will demonstrate comprehensive research skills related to the discipline. Students will demonstrate informational literacy and technological competency.