MAJOR IN FAMILY AND HUMAN SERVICES

Requirements

The Family and Human Services major requires 12-13 units of prerequisite courses and 45-46 units in the major.

Code	Title	Units
Prerequisites for Upper-Level Major Courses		
ENGL 102	WRITING FOR A LIBERAL EDUCATION	3
or ENGL 190	HONORS WRITING SEMINAR	
FMST 201	FAMILY RESOURCES	3
PSYC 101	INTRODUCTION TO PSYCHOLOGY	3
Basic Statistics Requirement		
Select one of the following:		3-4
MATH 231	BASIC STATISTICS	
MATH 237	ELEMENTARY BIOSTATISTICS	
ECON 205	STATISTICS FOR BUSINESS AND ECONOMICS I	
FMST 285	STATISTICS FOR FAMILY SCIENCE AND HUMAN SERVICE	
PSYC 212	BEHAVIORAL STATISTICS	
SOCI 212	SOCIAL STATISTICS	
Total Units		**12-13**

Code	Title	Units
Foundational Family Science Courses		
FMST 101	INTRODUCTION TO FAMILY SCIENCE	3
or FMST 102	HONORS INTRODUCTION TO FAMILY SCIENCE	
FMST 301	FAMILY RELATIONSHIPS	3
FMST 302	FAMILY THEORIES	3
FMST 303	CONTEMPORARY TRENDS IN FAMILY POLICY	3
FMST 305	PARENT-CHILD RELATIONSHIPS ACROSS THE LIFESPAN	3
FMST 325	ETHICS IN HUMAN SERVICES	3
FMST 485	RESEARCH METHODS IN FAMILY SCIENCE	3
Human Development		
PSYC 203	HUMAN DEVELOPMENT	3
Select one from the following:		3
ECED 201	EARLY CHILDHOOD DEVELOPMENT AND INTERVENTION	
ECED 315	INFANCY AND TODDLERHOOD DEVELOPMENT AND INTERVENTION	
GERO 367	DEATH, DYING AND BEREAVEMENT	
PSYC 403	INFANT AND CHILD DEVELOPMENT	
PSYC 404	ADOLESCENT PSYCHOLOGY	
PSYC 405	PSYCHOLOGY OF AGING	
PSYC 467	MIDLIFE DEVELOPMENT	
Diversity		
Select one from the following:		3
FMST 210	FAMILIES IN GLOBAL PERSPECTIVE	
FMST 307	FAMILY HEALTH ISSUES	
FMST 310	LESBIAN, GAY, BISEXUAL, AND TRANSGENDER FAMILIES	
FMST 311	AFRICAN AMERICAN FAMILIES	
FMST 360	DIVERSITY, CULTURE, AND TEAM DYNAMICS	
FMST 430	CASE MANAGEMENT FOR FAMILY AND HUMAN SERVICES	
FMST 465	JEWISH FAMILIES UNDER NAZI RULE AND BEYOND	
Pre-Intervention		
Select one from the following:		3
FMST 430	CASE MANAGEMENT FOR FAMILY AND HUMAN SERVICES	
FMST 460	INTRODUCTION TO FAMILY THERAPY	
FMST 490	FAMILY LIFE EDUCATION METHODOLOGY	
Experiential Component		
Select one of the following sequences:		6
FMST 297	PREPARING HUMAN SERVICE WORKERS: PRE-INTERNSHIP	
FMST 397	INTERNSHIP IN FAMILY AND HUMAN SERVICES	
Nonprofit and Community Services		
FMST 250	INTRODUCTION TO THE NONPROFIT SECTOR	
FMST 387	COMMUNITY SERVICES FOR FAMILIES	
Electives		
Select any two upper-level Family Science (FMST) courses not already used to fulfill a requirement		6-7
Total Units		**45-46**

Students who choose the Family and Human Services major also have the option to declare the Introduction to Child Life track. The optional track is intended for students who are interested in pursuing a career in child life. Additional information and requirements for the track can be found on the Introduction to Child Life track page in this catalog.

Community Experience
Civic Engagement/Service Learning

Internships and service learning are critical components of the Family and Human Services major. A continuum of field experiences offered throughout the program provides opportunities for students to enhance their understanding of course content, develop professional skills, and apply knowledge in the field.

The Department of Family Studies and Community Development offers a choice of two experiential components within the Family and Human Services major. The first option is FMST 250 paired with FMST 387. FMST 387 focuses on service learning through program development. Students participate directly with community organizations and agencies.

The second option is FMST 297 paired with FMST 397. In FMST 397, Family and Human Services interns work in a variety of settings depending on their interests. Internships occur in off-campus public and private agencies, including but not limited to, preschools, day-care centers for children or adults, child abuse and domestic violence

centers, family support centers, agencies for the disabled, and various mental health and health care facilities.

Four-Year Plan of Study
Family & Human Services Sample Four-Year Plan

The selected course sequence below is an example of the simplest path to degree completion. Based on course schedules, student needs, and student choice, individual plans may vary. Students should consult with their adviser to make the most appropriate elective choices and to ensure that they have completed the required number of units (120) to graduate.

Freshman

Term 1	Units	Term 2	Units
FMST 101 or 102	3	FMST 201	3
PSYC 101 (Core 6)	3	FMST 325 (Core 14)	3
Core 1 (or Core 2)	3	Core 2 (or Core 1)	3
Core 3	3	Core 5	3
Core 4	3	Core 10	3
	15		**15**

Sophomore

Term 1	Units	Term 2	Units
Basics Statistics Course[1]	3-4	Human Development Course	3
PSYC 203	3	Core 8	4
Core 7	4	Core 12	3
Core 11	3	Core 13	3
Elective	3	Elective	3
	16-17		**16**

Junior

Term 1	Units	Term 2	Units
FMST 302	3	FMST 301	3
FMST 305	3	FMST 303	3
FMST Diversity Course	3	FMST UL Elective	3-4
FMST UL Elective	3-4	Elective	3
Elective	3	Elective	3
	15-16		**15-16**

Senior

Term 1	Units	Term 2	Units
FMST 250 or 297	3	FMST 387 or 397	3
FMST 485 (Core 9)	3	Pre-Intervention	3
Elective	3	Elective	3
Elective	3	Elective	3
Elective	3	Elective (optional)[2]	1
	15		**13**

Total Units 120-123

[1] Must be taken prior to FMST 485.
[2] This elective is optional and only necessary if the student is not on target to earn 120 units by the end of their final term.

Learning Outcomes

1. Students will demonstrate competency in written communication and oral communication.

2. Students will use knowledge acquired in family studies and human services courses in field experiences (community service and internship placements) and capstone courses.

3. Students will demonstrate comprehensive research skills related to the discipline. Students will demonstrate informational literacy and technological competency.